

## PARENT INFANT UNIT- PATIENT INFORMATION

### WHAT DO I NEED TO BRING?

#### PARENT

- Casual/comfortable day clothes
- Night attire
- Toiletries
- Pillow (if you prefer your own)
- Medications currently prescribed
- Medicare card
- Notebook

#### INFANT

- Clothing, toiletries, swaddles
- Pram, nappies, wipes, snacks
- Medications (if any)
- Bottles/bottle brush/formula/infant cup/bibs/dummy
- Green Child Health Record book

### WHAT WE SUPPLY

- Towels/linen
- Laundry facilities
- Microwave steriliser bags
- Most medications
- All meals provided for parents and baby
- Toys and books for baby
- Highchair

### PLEASE DO NOT BRING

- Plastic bags
- Cigarettes and lighters
- Vapes

Bendigo Health is a *Smoke Free* Hospital. We offer Nicotine replacement therapy to patients and have a Tobacco Treatment Specialist working within the hospital to assist.

### VISITING HOURS

Main support persons are welcome on the unit outside visiting hours, and we encourage their active involvement in baby care and the recovery journey.

All other visitors are welcome between 2:00 pm and 7:00 pm

On weekends, there is more flexibility with visiting hours. Please discuss with nursing staff.